

## Sir John Barrow School Sports and PE Action Plan 2019-20

End Goal for PE at SJB:

To fully meet the criteria for The School Games Platinum award.

Achieve Gold Award in this academic year and next year. We need to do this in order to apply for platinum.

Objective	Actions	Rationale	Responsibility	Success Criteria/Outcome	Evidence
<p>Continue to work towards all staff delivering high quality teaching and learning for Physical Education</p>	<ul style="list-style-type: none"> <li>• Continue to offer all staff who teach KS1/KS2 PE, effective CPD opportunities to improve confidence and subject knowledge</li> <li>• PE and Sports specialist/coaches to work alongside staff.</li> <li>• Staff to be surveyed and additional and effective CPD opportunities put in place.</li> <li>• Subject leader to attend sessions with Heads of PE.</li> <li>• Professional development in subject leadership for PE subject leader.</li> </ul>	<p>PE staff have been pleased with support from our CPDs.</p> <p>Most staff have changed classes in school this year and extra training and support will be needed as they move into different Key Stages.</p> <p>Schools expected to focus on the physical, social and cognitive parts of PE and not just the sport. No good just focussing on football.</p> <p>Multi skilled approach to PE is essential for our children to make progress. Competitive sport can be focussed on in clubs.</p>	<p>J Maher R Parker</p> <p>Staff</p>	<ul style="list-style-type: none"> <li>• Our aim is for all staff members to have access to work with PE specialist/coaches and to have opportunities to develop CPD through additional courses and workshops. This will be facilitated through feedback from staff meetings.</li> <li>• Staff increase confidence in delivering aspects of PE</li> <li>• Increased quality of PE provision through increased knowledge and skills in aspects of PE</li> </ul>	
<p>Continue to develop specific leadership opportunities</p>	<ul style="list-style-type: none"> <li>• September 2019 – launch SJB Sports Leader initiative. Apply again next year.</li> </ul>	<p>Students need to be given leadership roles to fulfil the</p>	<p>R Parker J Maher</p>	<ul style="list-style-type: none"> <li>• Students will have the opportunity to continue the role of sports leader by</li> </ul>	

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<p>and allow all students the opportunity to 'learn to lead' within curriculum time</p> <p>Sports Leaders to develop intra-school (house system) competition</p>	<ul style="list-style-type: none"> <li>● Train prospective leaders and fully embed sports leadership roles and responsibilities.</li> <li>● Sports Leaders to run intra-house competitions under guidance of PE specialist staff</li> <li>● They will take part in training by Oliver Carswell to develop knowledge and understanding of the requirements of the role and guidance on what to do in certain situations.</li> <li>● School Games committee to be set up to help organise training and events with Mr Maher.</li> </ul>	<p>requirements of The School Games mark.</p> <p>Pupils need to be given these roles to promote Level 0 competitions in school.</p> <p>Pupils need this training as all secondary schools have sports leader programmes in place.</p>	<p>Sports Leaders</p>	<p>October 2019, receiving training to guide them along this journey</p> <ul style="list-style-type: none"> <li>● Sports leaders will be supporting staff in lessons, supporting the PE lunch specialist teacher at break times and lunchtimes and helping with extra-curricular activities</li> <li>● Sports leaders will support in the organisation and running of intra-school competition via the house system</li> <li>● Sports leaders will also be fully involved in helping staff with the School Games Competitions, including selecting teams, organising equipment, as well as roles such as judge, scorer, reporter etc.</li> </ul>	
<p>To increase the resilience of pupils in PE.</p>	<ul style="list-style-type: none"> <li>● Make all PE staff aware of this new focus.</li> <li>● Ensure all pupils are aware of the three main parts of PE: Physical, Social and Cognitive.</li> <li>● Raise the profile of the social side of PE.</li> </ul>	<p>SJB SIP focusses on life long, resilient and independent learners.</p>	<p>PE Staff</p>	<ul style="list-style-type: none"> <li>● Children develop strategies for dealing with pressure/ failure.</li> <li>● Children are visibly more happy in PE and willing to accept defeat and challenge.</li> </ul>	

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	<ul style="list-style-type: none"> <li>Plan lessons so that children experience pressure/failure.</li> </ul>				
Continue to develop healthy lifestyle initiatives and opportunities for children to be healthy	<ul style="list-style-type: none"> <li>September 2019 all children take part in The Daily Mile. 0-1.15 every day. Year 5 and 6 14.55-15.10.</li> <li>Reception to do it separately.</li> <li>Sports Visitors to promote sport.</li> <li>Join The School Run LEVEL 0 competition x2 in 2019/20</li> <li>Investment in more lunchtime equipment and football nets.</li> </ul>	<p>Positive feedback from parents/carers</p> <p>Health benefits of keeping active.</p> <p>Drive to reduce childhood obesity and set children up for life.</p>	<p>All Staff</p> <p>J Maher</p> <p>R Parker</p> <p>Gayle Howarth</p>	<ul style="list-style-type: none"> <li>Increased numbers/attendance students using lunchtime sports trolleys.</li> <li>At least 3 visitors from the world of sport to visit SJB-focussing on girls as well as boys.</li> <li>Students more knowledgeable about health and well being.</li> </ul>	
Further extend the quantity and range of clubs and extra-curricular activities and enter as many school games competitions on offer as possible as well as stand-alone	<p>Use willing staff/coaches/PE specialist to offer a broad and varied range of activities, building upon 2018/19</p> <p>Mr Maher to run three clubs per week. One for our exceeding PE children and two for KS2. Support provided from PE leader at Dowdales secondary school.</p> <p>Mrs Parker to run different clubs on a Monday throughout the year and build on the skills she</p>	<p>SJB teams have been successful because of increased opportunities to train, enter and experience to compete at a higher level.</p> <p>SJB successfully achieved gold in 2018/19.</p> <p>In 2018/19 year we had 108 children on average doing sport</p>	<p>J Maher</p> <p>R Parker</p>	<ul style="list-style-type: none"> <li>Newsletters and extra-curricular timetables/registers will show a varied and comprehensive complement of activities, using before school, break, lunch and after school slots</li> <li>School Games competitions organiser will be able to evidence that SJB enter all</li> </ul>	

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<p>inter-school fixtures/events</p>	<p>developed and witnessed last year.</p> <p>Use lunchtimes and clubs before school to widen the children's experience of sport.</p> <p>Use knowledge from 2018/19 competitions to build up successful and competitive teams for SJB.</p> <p>Focus on the children in school who have not joined a club before and provide opportunities for them to join clubs.</p> <p>Join local schools in local competitions: cricket, football and netball.</p> <p>Follow requests from parents and introduce more KS1 clubs.</p> <p>Share coaches with other local schools to keep costs down.</p> <p>Promote clubs in the Ulverston community.</p>	<p>every week in a club. This is up from 85 children in 2017/18.</p> <p>Participation of students in school games competitions 2014/15 was 29%. In 2015/16 was 72%. In 2017/18 our school games participation was 75%. 2018/19 our school games participation was 90%.</p> <p>In 2017/18 we had 5 B Teams attending competitions. We had 1 C Team. In 2018/19 we had 4 C teams attending competitions and 5 B teams.</p> <p>28% of children who were identified as least active in Sept/Oct 2017 joined a club. 50% of children who were identified as least active in September 2018 joined a club.</p> <p>In 2016/17, 2 teams reached the county qualifying stage in gymnastics.</p>		<p>competitions, by using the blog and database</p> <ul style="list-style-type: none"> <li>• SJB teams will be more successful as a result of increased opportunities to train, enter and experience to compete at a higher level.</li> </ul>	
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		<p>In 2017/18 2 teams reached the county qualifiers in gymnastics, 1 team reached the county qualifiers in athletics, 2 teams reached the county finals in cricket.</p> <p>In 2018/19 1 team reached the gymnastics Furness Final, 1 team reached the Tag Rugby Furness Final, 1 team reached the cricket county final and 1 team reached the orienteering county final.</p>			
<p>Maintain a rigorous database to track pupils' participation in PE and Sport both in and out of school.</p>	<p>Sports co-ordinator to have access to Scholarpack and TRACKER to keep PE records /clubs updated</p> <p>Take a full questionnaire of the school's sports participation.</p> <p>Keep registers of children's participation in sports folder.</p> <p>STA to record children's attendance and participation more thoroughly on TRACKER.</p>	<p>90.9% of pupils in KS2 attended a sport competition last year.</p> <p>In 2018/19 year we had 108 children on average doing sport every week in a club. This is up from 85 children in 2017/18.</p>	<p>J Maher R Parker</p>	<p>More children attending a greater variety of clubs.</p> <p>Targeted children attending more clubs.</p> <p>Full and sustainable database of pupil participation to be used in years to come.</p> <p>Sports staff using Scholarpack and TRACKER to target children in PE and out of school activities.</p>	

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<p>Increase provision for targeted groups – G&amp;T/SEN/under achieving boys/unenthusiastic children etc.</p>	<p>Vary provision in PE sessions in 2019/20 so that more children are actively engaged. Especially KS2 girls.</p> <p>Open up clubs to a wider range of children including those with SEN.</p> <p>Attend all inclusive competitions this year.</p> <p>Use of secondary school staff</p> <p>Increase KS1 opportunities</p> <p>To achieve platinum award we need to have more children playing sport in the community. Mr Maher and Mrs Parker to take a more active role with this.</p>	<p>Following parental requests and the obvious health benefits to children we will be providing opportunities for more pupils to attend clubs.</p> <p>SJB new sport values focus on being inclusive but also to strive to be competitive in competitions.</p> <p>Everyone has the right to take part in sport but those with passion for sport and those who attend the most clubs through love of sport to be given more opportunities.</p>	<p>James Maher SEND Co SGO</p>	<ul style="list-style-type: none"> <li>• More children competing at county level</li> <li>• SEND children attending after school clubs and being in school teams.</li> </ul>	
<p>Potentially extend the school club links to include more coastal/outdoor activities, reflecting the nature of the local environment – where appropriate (coastal/mountainous/lakes)</p>	<p>Walks in the lakes for KS2.</p> <p>Coniston to Barrow involvement.</p> <p>Swim Safe</p> <p>Orienteering local competitions</p> <p>Year 5 and reception links</p> <p>Enter as many competitions for orienteering in the area as we can with large groups of 5 and 6 children.</p>	<p>Greater awareness of the local area.</p> <p>Children taking part in a greater variety of outdoor activities.</p>	<p>Mr Maher Staff</p>	<p>Children taking part in a greater variety of outdoor activities.</p> <p>Large groups of children experience walking in the Lakes through Mr Maher continuing his termly walks in the lakes</p> <p>We have an excellent group of orienteers in Year 6. Use this group to inform other year groups.</p>	

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	<p>Forest School for reception to Year 6. Rolling two year programme of work for upper KS2.</p> <p>More experiences for KS1- Archery</p>				
<p>To continue to raise the profile of Swimming at SJB</p>	<p>Review the new arrangements for swimming</p> <p>Use assessments from last year (2018/19) to focus on key skills for children.</p> <p>Use assessments for more rapid progress in swimming sessions.</p> <p>Focus on swimming safety in open water using schemes such 'swim safe' Year 6 in particular to focus on this. Booking to be made for July 2020.</p> <p>SJB swimming gala to raise profile of swimming – synchro/diving/water polo etc.</p> <p>Greater number of children in Year 1 and 2 meeting the objectives for swimming.</p> <p>Most children in Upper KS2 and most of lower KS2 able to swim a full length.</p>	<p>Swimming is a major focus of the sports premium.</p> <p>Logical and sensible for all children to have regular swimming sessions so they feel confident in the wider world.</p>	<p>Ruth Parker James Maher</p> <p>Brockhole</p> <p>Ulverston leisure centre</p>	<p>Higher levels of swimming competency shown in swimming tracker.</p> <p>Be competitive in galas and focus on our Year 4 and 5 swimmers for improvement.</p> <p>Barrow Swimming gala-report</p> <p>Most to all children able to swim 25m in upper KS2</p>	

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<p>To further develop assessment in PE to ensure pupils make progress</p>	<p>Mr Maher to meet PE staff every half term to complete assessment module tracker.</p>	<p>Keep staff aware of expectations of National Curriculum and necessity of providing a broad and inclusive curriculum.</p>	<p>J Maher</p>	<p>Whole school assessment completed for 2019/20 academic year. Focus on classes where clear development is needed. Focus on modules per class where attention must be directed.</p>	
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*: <span style="color: green;">September 2019</span>
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	77.7%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	77.7%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	To book swim safe
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Coach to Swim Safe- Transport to school galas.