



WEEKLY SNIPPETS

Friday 29th January 2021

Dear Parent/Carers,

It was good to hear news this week of a possible return to school date. I am sure we all agree it cannot be soon enough, but it is good to have the end of the tunnel in sight.

Today it was lovely to see so many people zoom in for a school assembly. The main purpose of this assembly is to get a sense of the big school community; see each other and to encourage one another to 'do their best' for the benefit of one another.

I am delighted with the way online learning is going at SJB. It is not easy for anyone and due to the commitment of staff, parent/carers and children, our pupils are continuing to make progress. We can be really proud. We are still learning through the process and we will send a survey out in the near future to get some constructive feedback.

I am aware that the teachers are working well into their evenings at the moment and across weekends, as they adjust to planning online learning, in-school learning and being available to feedback to the children. To manage teacher workload, we have decided that there will be one afternoon a week when the teachers in Years 1-6 will not be available so that they can take this time to plan and assess. The teachers will set work that day which should require less support. I hope you understand this decision and feedback from some parent/carers is that parent/carers and children would also appreciate this space too. Thanking you all once again.

Kind regards,
Helen Pearson

February Half-Term Free School Meals

Schools will close as usual over February half-term and are not expected to remain open to vulnerable children and the children of critical workers during that week.

The county council has again committed to ensuring every benefits-eligible FSM young person is able to access a FSM meal for the five days over the February half-term holiday. The vouchers will have a value of £15 (£3 per day) for each child and are fully funded by Cumbria County Council using Winter Grant monies. This will be delivered to eligible families via email in the form of a supermarket e-voucher.

PTA News

Please share the SJB PTA page [here](#) and help raise funds for our fantastic school!

Thank you, PTA





SIR JOHN BARROW SCHOOL



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ENJOYING
BELONGING

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COVID-19 EMERGENCY SUPPORT HELPLINE

Cumbria County Council can provide urgent help and emergency support, including basic food and essential items, if you are struggling to cope with your current situation for whatever reason.

Call: **0800 783 1966**
or email: **COVID19support@cumbria.gov.uk**

Open Monday to Thursday 9.00am - 5.00pm
Friday 9.00am - 4.00pm

Full details can be found online at
cumbria.gov.uk

Provided by Cumbria County Council and partners including District Councils, CVS, Cumbria Community Foundation, community and voluntary sector, and private sector.





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Cumbria County Council

FREE Family Learning Online QUICK-SKILL courses



**Support Your Child to Write
Better Sentences**
Starts Friday 29th January
Time: 18:30-20:00

**Support Your Child to Use
Trickier Punctuation**
Starts Tuesday 2nd February
Time: 18:30-20:00

**Support Your Child to Write
Marvellous Sentences**
Start Wednesday 3rd February
Time: 19:00-20:30



Find us on FACEBOOK for the most up to date promotions on all our courses - Community Learning and Skills

Contact us: South Lakes Tel. 01539 731894
southlakelandclas@cumbria.gov.uk



WEEKLY SNIPPETS



MyTime Cumbria

To all parents and carers

We are offering a free Zoom information session:

"Supporting your child's mental health through the pandemic"

Sessions will provide informal practical advice and ideas that can help you to support the mental health of you and your child through the pandemic.

Date	Start	Finish
Monday 1 February	1:30pm	2:30pm
Tuesday 2 February	4:00pm	5:00pm
Wednesday 3 February	2:30pm	3:30pm
Thursday 4 February	10:30am	11:30am
Friday 5 February	2:30pm	3:30pm
Thursday 11 February	10:30am	11:30am
Thursday 18 February	4:00pm	5:00pm
Wednesday 24 February	2:30pm	3:30pm

To book onto one of these sessions please email:
mytimecumbria@barnardos.org.uk
with your name and contact email address stating
your preferred session date.



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Come And Explore Kooth With Us

Kooth supports any young people in Cumbria aged 11-18. The following virtual session will provide parents and carers with:

- *An overview of Kooth and how we support young people's mental health and wellbeing*
- *Tips on how to support your child's wellbeing*
- *A live demonstration of our service*
- *A Q&A to ask us anything you want to know about Kooth*

To attend please register on the following link.

[Tuesday 2nd February @ 12-1pm](#)

kooth

Free online counselling support for young people!
Discover everything Kooth has to offer

FREE COUNSELLING

DISCUSSION BOARDS

JOURNAL

KOOTH MAGAZINE

HELP ARTICLES

SELF-HELP TOOLS

Sign up for free at [Kooth.com](https://www.kooth.com)