

Sir John Barrow School Sports and PE Action Plan 2024-25

Objective	Actions	Rationale	Responsibility	Success Criteria/Outcome	Evidence
<p>Use experienced coaches and instructors to help fully deliver our PE Curriculum.</p>	<ul style="list-style-type: none"> ● Experienced and known PE Sports specialists/coaches from previous years to work alongside members of staff. ● Ensure a consistent approach to coaching by getting Onside Sport into school. ● Use a fully qualified dance instructor to help us meet the requirements of the PE National Curriculum. ● Utilise the skills of Mrs Daley and Mrs Kershaw in dance and gymnastics. Year 1 and 4. ● Mr Maher will lead and plan sessions and will work alongside coaches and staff to deliver our PE curriculum. Non negotiable of following the Cambridgeshire Scheme of Work unless we are completing virtual challenges. ● Mr Maher will assess each year group in the autumn term. 	<p>Onside Sport coaches are very popular with our children at SJB.</p> <p>They have worked with the children for two years.</p> <p>They know the children well and have built successful and respectful relationships with them.</p> <p>They know our curriculum and what we expect from them.</p> <p>They are well placed to build resilience and cooperation amongst our pupils.</p> <p>Across most classes we have very happy pupils in PE who want to take part in sport and join clubs.</p> <p>We have identified the coaches who can build on this further alongside the PE leader.</p> <p>We have booked a dance instructor as she is well known in the local area for dance clubs. She has been in school before and she is excellent at getting the children active and involved.</p>	<p>J Maher</p> <p>L Daley</p> <p>A Kershaw</p> <p>Sport coaches</p> <p>Staff</p>	<p>All PE staff to work alongside experienced coaches and PE leaders to develop their skills.</p> <p>The children will continue to enjoy PE and they will make expected progress.</p> <p>We will have more success delivering the dance side of the curriculum.</p> <p>Coaches and the PE staff will have a positive impact on resilience, pupil happiness and well being.</p> <p>Pupils will be able to explain to Mr Maher how they could Improve their skills.</p> <p>Assessment to show progression from year to year.</p>	

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<p>To further increase the respect and cooperation of pupils in PE and to provide opportunities for all to succeed.</p>	<ul style="list-style-type: none"> • Enter virtual competitions set by SGO with the aim of beating their own score. • Respect to be a key part of each lesson. • Use coaches who already know the pupils from previous years. • PE leader to target the least active children in school for festivals and clubs. • Extra clubs to be offered to more children. • Follow new School Game guidance: focus not just on competitive events but on developing events too. • Enter multiple competitions and festivals organised by the UVHS, Dowdales and School Games. 	<p>SJB SIP focusses on life long, resilient and independent learners.</p> <p>All of our chosen coaches have shown that they are willing to go the extra mile for our children.</p> <p>The vast majority of children are positive when it comes to PE.</p> <p>We are aware of a small number of girls and boys in upper KS2 becoming less respectful to others in PE.</p> <p>Coaches and PE leader use their knowledge about classes and pupils to build resilience.</p> <p>PE leader and coaches will work to build resilience in clubs.</p> <p>Sport means an enormous amount to some of our more competitive children and we will not let them down. G&T children will be given a chance to shine in sport both in school and in competitions.</p> <p>Our least active children will also be given every opportunity to take part and represent their school. We want to develop a love of sport in all our children.</p>	<p>J Maher</p> <p>PE STAFF</p> <p>Coaches</p>	<ul style="list-style-type: none"> • Children develop strategies for dealing with pressure/ failure. • Children are visibly more happy in PE and willing to accept defeat and challenge. • Children attempt to beat their own score during virtual competitions. • Interviews with pupils show enjoyment in PE. • Assessment in the autumn term will show an increased understanding of the importance of clubs. • Increase in the number of children taking part in competitions/festivals. Increase in the number wanting to take part. • Coaches and the PE staff will have a positive impact on resilience, pupil happiness and well being. 	
<p>Continue to develop healthy lifestyle initiatives</p>	<ul style="list-style-type: none"> • Focus on Active Play times in school. 	<p>The physical and mental health of our pupils is a top priority.</p>	<p>All Staff</p>	<ul style="list-style-type: none"> • PE leader to have increased the 	

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<p>and opportunities for children to be healthy</p>	<ul style="list-style-type: none"> • Bike to school week • Daily runs in KS2. • Visitors from the world of sport to be invited into school again this year. • Christmas Run- December • Extra curricular clubs to be offered to all children from Y1-Y6 • Enter multiple competitions and festivals organised by the UVHS, Dowdales and School Games. • Purchase sport equipment to facilitate clubs and PE lessons. • Improve our playground facilities with extra equipment and features to promote healthy living. 	<p>Government guidelines specifically mention physical exercise as a way to improve the health of pupils.</p> <p>Sport and extra curricular activities give schools the chance to make more of a difference to children's lives.</p> <p>Role models from outside school are vital in inspiring our pupils.</p> <p>SJB had great success at cross country from 2022-24. We want to see this continue.</p> <p>Alarming number of pupils in primary school are classed as obese or overweight.</p>	<p>J Maher</p>	<p>number of initiatives offered to our children.</p> <ul style="list-style-type: none"> • Make use of suggestions and advice coming from our SGO. • Increased number of children attending events and clubs. • More virtual competitions entered than ever before. • SJB successful at reaching more county level events. 	
<p>Use coaches and instructors to improve our extra curricular offers.</p>	<ul style="list-style-type: none"> • Start clubs for as many classes/children as we can in the autumn. • Offer as many clubs as we can. Use coaches after school and PE leader to achieve this. Opportunity for multiple classes per evening. • Enter virtual events regularly which will be organised by the SGO. 	<p>Increased physical activity is what the medical officers are recommending at this time.</p> <p>Clubs help to develop skills for competitions. Our G&T children deserve every opportunity to develop their skills.</p> <p>Using our coaches alongside the PE leader in clubs we can focus on specific sports for competitions.</p> <p>We can also focus on G&T children and the least active</p>	<p>J Maher Coaches</p>	<ul style="list-style-type: none"> • Start clubs in the autumn term. Two clubs on some days to get as many children involved as possible. • Keep registers of attendance. • Make use of our coaches to maximise the impact of the clubs. 	

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	<ul style="list-style-type: none"> Start both morning and lunchtime clubs in autumn of 2024 Utilise the skills of Miss Salmon for lunchtime clubs. 	<p>children. Large numbers can be targeted.</p> <p>Giving our least active children a chance to take part in sport is absolutely essential. This is based in no small part to the effect of COVID on the physical and mental health of pupils.</p> <p>SJB has recently been to orienteering, cricket, cross country, dodgeball and athletics finals. 2020-2024.</p> <p>We want to continue to give our children the opportunity to succeed and compete at higher levels.</p>		<ul style="list-style-type: none"> More lunchtime sport clubs available. SGO will evidence our participation in virtual events. 	
<p>To organise swimming sessions for all children in upper KS2 2023-24</p>	<p>Send pupils for 1 hour sessions and not half hour sessions. Rotate groups after each term.</p> <p>Prioritise Year 6 in the autumn term.</p> <p>Year 4 to swim in the spring term.</p> <p>Year 3 to swim in the summer term.</p> <p>Some children in Year 6 to be offered catch up swimming</p>	<p>Swimming forms part of the funding from the government.</p> <p>Being able to swim is a vital skill for life.</p> <p>Recent events portrayed in the news make it absolutely essential for our children to have the knowledge about swimming and swimming safely.</p>	<p>James Maher</p> <p>Ulverston leisure centre</p>	<p>Children make more progress with 1 hour sessions at the pool.</p> <p>Most of Year 6 will be able to swim a length and use multiple strokes.</p> <p>Children will be able to explain why safety is important when swimming.</p> <p>Assessment will provide a plan for any catch up in 2024-25</p>	

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	<p>sessions in the spring term with Year 4</p> <p>Use assessments for more rapid progress in swimming sessions.</p>	<p>We have found that half an hour is not as effective as 1 hour of swimming.</p> <p>Year 6 missed swimming sessions last year so they must get priority.</p>		<p>Most children in Upper KS2 and most of lower KS2 able to swim a full length.</p>	
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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*: As of Sept 2024
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	33%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	33%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	33%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	

