

SIR JOHN BARROW SCHOOL



SUCCESSING
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WEEKLY SNIPPETS

Friday 31st January 2025

Dear Parents and Carers

This week, Year 5 have been out in all weathers completing their **'Bikeability' Challenge**. We are pleased to be able to offer this as it is so important that our young people are safe out on the busy roads. Please reinforce these messages by making sure your child always wears a helmet and bright coloured clothing.

On Monday morning the Year 3 classroom was very **muddy!** They had a visit from Westmorland County Agricultural Society and learned all about the importance of soil. They were able to look at and feel different types of soil as well as building wormeries.

I've been very lucky to visit three classes this week. I've seen playing and sharing and the number four in Nursery; digital photography in Year 2, the story of Beegu in Year 1 and history in Year 6. SJB children are curious - they ask some challenging questions and they work well as a team - helping each other to learn.

On a serious note, we feel that all our families should be aware of the the impact of **arriving late** to school. Since New Year the total time lost for SJB is **22 hours and 32 minutes**. This represents a huge amount of lost learning. Arriving late disrupts classes and is stressful for children who have to walk into rooms where their friends have already settled in and started work. We know it's not always easy getting out of the door in the morning. If you are struggling with unwilling children and would like some helpful tips, please have a look at page 3 below.

Wishing you a lovely weekend
Mrs Fletcher and the SJB Team



Dates for Diaries - Week commencing: Monday 27th January

Mon	Year 3 and 4 multi-sport 3:15-4pm Music Festival 3:15-4:15
Tues	Year 5 and 6 Recorder Club - 8:00am - 8:45 am cancelled this week Gymnastics club 8am-8:30am KS2 Choir 3:15-4pm Year 6 Grammar club 3.15-4pm
Wed	Athletics Club 8:00-8:40am Dance Platform Club 3:15-4:15 Springwatch 3:15-4:15
Thur	Tag Rugby Club years 4/5/6 8:00-8:40am- Ukulele Club - 3:15 - 4:00 pm cancelled due to Young Voices Y6 maths club- 3:15-4:15pm
Fri	KS2 Running club 8:00-8:40am Year 5 and 6 multi-sports 3:15-4pm Year 3 and 4 Football Club 3:15-4pm

It's sign up time for the Coniston to Barrow walk! This year it is on 10th May. Please send your ID number to Rebecca Rooke (PTA secretary) or the office admin@sjbarrow.cumbria.sch.uk if you want to take part as soon as possible. Once we have enough people we can enter a team. Minimum 4, maximum 12 in a team but we can have more than one team if we need. A great way to raise money for the school.



Public



0 – 19 Child and Family Support Services – South Lakeland

February Half Term Cooking & Craft Session

Tue 18th February, Sedbergh Children's Centre – LA10 5AL

Wed 19th February, Ulverston Children's Centre – LA12 9BE

10:30am-12:00am

Come and join us to make and decorate bird biscuits and have fun making bird themed crafts. We will be bringing the outdoors inside, and our birds need you to help them by making a bird feeder to take home. Open to children under 10 years old accompanied by an adult.

Limited places, to book contact sharon.norton@actionforchildren.org.uk Mobile: 07545 701232

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Conquering Lates



We know that some of you have to work really hard to get your children to school. Always remember that we would much rather see them late than not at all.

If you are having a wobbly start to the day, give us a ring and we can help your little person when they arrive.

If you would like a reward chart to colour in at home each time you are ready for school on time, please let us know.

We are going to trial some stickers with some of our classes as well.

The websites below have some useful tips for getting everyone dressed, fed and out of the house without tears.

<https://www.babycentre.co.uk/a1053405/10-ways-to-get-your-child-to-school-on-time>

<https://www.bbc.co.uk/bitesize/articles/zpt7p9q#zspms82>

<https://www.childrenscommissioner.gov.uk/blog/tips-for-parents-whose-children-are-struggling-to-attend-school/>

Feeling Lonely

In last week's assembly, we discussed feeling lonely. This is a difficult emotion to talk about but one that is becoming much more common. It can be hard to admit that you feel lonely, especially when it seems everyone else is having a great time with their friends and family. We talked about ways of making new friends - a great start is to smile at someone, try new activities or start a conversation by asking someone about themselves. All easier said than done so it takes lots of practice!

It can also be very hard for parents and carers when their child is lonely. There is lots of support available to help you have a conversation with your child about loneliness. The NSPCC is a great starting point. It is full of practical ideas to help your child make friends.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/how-help-child-feels-lonely/>



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MULTI SPORTS SESSION



TUESDAY 18TH FEBRUARY
ST MARY'S PRIMARY SCHOOL, ULVERSTON
9.30AM-12PM
AGES 4+

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ACTIVITY DAY



WEDNESDAY 19TH FEBRUARY
LOW FURNESS PRIMARY SCHOOL
9.30AM-3PM
AGES 4+



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