

SIR JOHN BARROW SCHOOL



SUCCESSING
ENJOYING
BELONGING

WEEKLY SNIPPETS

Friday 6th February 2026

Dear Parents, Carers and Families,

This week in school we have been getting ready for the national 'Children's Mental Health Week' which is happening next week...

In assembly we looked at the Place 2 Be resources and talked about this year's theme of 'belonging' which of course matches perfectly with our motto 'Succeeding, Enjoying, Belonging'!

Next week, the children are being encouraged to complete a weekly planner which will help them to identify different positive actions they can take to help them feel calm, happy, relaxed or grateful for what they have...These actions might be quite small and simple, but they are a way of teaching the children the importance of looking after their well-being as well as thinking of others. We have added a blank copy below for you to look at - feel free to print it out and try one at home too!

Through School Council, children have also chosen a specific activity next week as a class which they have all agreed on which will help them have a positive week. The list is extensive and interesting! From Glo-stick Discos to bike & scooter sessions I hope each class really enjoys what they have chosen!

I look forward to seeing many of you in school next week as we have our parent/carers meetings with class teachers from 3.30pm onwards here in school. Please contact the office if you have not received an individual timeslot via email.

Enjoy your weekend
Best wishes
Mr. Reddy and the SJB Team!

Dates for Diaries - Week commencing: Monday 9th February 2026

MON	<u>Dance Club</u> Year 5 & 6 8am <u>Maths Club Year 6</u> 3.15-4.00pm email invite- Mr Maher cancelled due to parents evening <u>Multi Sports Year 3&4</u> 3.15-4.00pm Coach Tom <u>Music Club KS1</u> 3:15-4.00pm-finished for the term <u>CANCELLED-Music</u> <u>Festival Rehearsals</u> 3:15-4:15pm
TUES	<u>Gymnastics Club -</u> KS2 8am <u>Grammar Club Year 6</u> 3:15-4.00pm <u>Choir - KS2</u> 3:15 - 4.00pm
WED	<u>Athletics Club-</u> KS2-8am invite only - Mr Maher
THUR	<u>Rugby/Dodgeball</u> <u>Club- KS2 - 8am- Mr</u> <u>Maher</u> <u>Maths Club - Year 6</u> 3.15-4.00pm- email invite- Mr Maher <u>Recorder</u> <u>Club3:15-4.00pm</u> <u>-cancelled</u> <u>*NEW* Chess Club</u> 3:15-4.30pm
FRI	<u>Running Club</u> KS1 & KS2 - 8am <u>Year 3 and 4</u> <u>Football-</u> 3.15-4.00pm Coach Jack <u>Ukulele Club</u> 3:15 - 4:00pm cancelled due to Yound Voices <u>Multi-Sport Y5 and 6</u> 3.15pm - 4.00pm

There will be a jean sale taking place next Wednesday straight after school in the Early Years Playground. All funds will go towards Early Years equipment at SJB

Grab a bargain and help school and the environment!!

£1 per pair of jeans - CASH ONLY PLEASE



My 'Well-Being Week' Plan (looking after myself!) Name: _____

A positive picture of me!	Monday	Tuesday	Wednesday
Thursday	Friday	Saturday	Sunday

Write or draw a positive intention you will enjoy and will help you manage how you are feeling – it will be a great week!!!

***Remember don't bottle things up
– they might spill out!!!***



Dates for Diaries

Lots more to follow, please keep checking...

9th February - Parent/Teacher meetings begin

11th February - Jeans sale

13th February: Young Voices Choir trip

13th February: Break up for half-term

23rd February: Spring Term two begins

4th-6th March: Y6 London trip

17-18th March: Y4 Liverpool trip

27th March: Break up for Easter holidays

13th April: Summer Term one begins

11th-14th May: 2026 KS2 SATS

22nd May: Break up for half-term

1st June: Summer Term two begins

10th June: Y3 Manchester trip

17th July: Break up for Summer holidays



STEPHENSON SCHOOL OF DANCE

WEDNESDAY 18TH FEBRUARY

SIR JOHN BARROW PRIMARY SCHOOL

9.30AM - 1.30PM

£25 PER CHILD AND £20 FOR SIBLINGS

PLEASE WEAR SUITABLE CLOTHES FOR DANCING IN AND BRING A PACKED LUNCH

PLEASE BOOK IN ADVANCE

ULVERSTONDANCE@YAHOO.COM OR MESSAGE OUR SOCIALS.

DANCE . SING . CRAFT

PIC•COLLAGE



THIS WEEK'S PLAY UPDATE:

The fresh, bright weather has sparked equally fresh thinking in the playground, especially in our creative corner. The Lego table has been buzzing with imaginative builds, while others have enjoyed drawing. Den-making remains as creatively strong as ever—we nearly have a whole village!

**The Golden Welly award
this week goes to...**



The Golden Welly celebrates respectful and kind behaviour at playtimes.

Year 3



Dressing-up masks or hats?

Can you donate any fun superhero or animal masks?

Do you have any old spare dressing up hats?

Please drop off at the office



MULTI SPORTS SESSION



MONDAY 16TH FEBRUARY
9.30-12.30
ST MARY'S PRIMARY SCHOOL
AGES 4+



BOOK ON VIA- [HPACTIVITIES.COM](https://www.hpacactivities.com)

ACTIVITY DAY



TUESDAY 17TH FEBRUARY

9.30AM-3PM

LOW FURNESS PRIMARY SCHOOL

SUITABLE FOR AGES 4+

BOOK ON VIA- [HPACTIVITIES.COM](https://www.hpacactivities.com)





Onside Sports Holiday Camps

Onside Football Academy (4-11 year olds)

The emphasis of the course is player development, each child will spend the morning enhancing their individual skills and, in the afternoon, get the chance to show them off with opposed practices, team games and competitions.



ULVERSTON @ UVHS
Mon 16th Feb - Fri 20th Feb



Onside Football & Multi Sports Academy (4-11 year olds)

The camp will consist of fun and enjoyable warm up games and numerous sporting activities including...Football, Tennis, Tag Rugby, Dodgeball, Kwik Cricket, Baseball, Athletics, Basketball plus more.



BARROW @ ST BERNARD'S SCHOOL
Mon 16th Feb - Fri 20th Feb



- Both camps will run **9am-3pm** - **Drop off from 8.45am**
- We have use of a multiple sports halls, 3g (UVHS) and playing fields so if the weather is poor the camp will run as normal.
- Participants will require appropriate sports kit and trainers. Also, a packed lunch and still drinks will be needed for their lunch break.
- **£20 PER DAY OR £90 FOR ALL WEEK**

For further info please contact Gavin Butler
Tel – 07887940150

Email – Gav@onsidesportscoaching.co.uk

Facebook – Onside Sports Coaching Development

Instagram – Onside Sports Development



Onside Sports Development Football Skill Sessions

Onside Soccer Skill Sessions are designed to improve the individual technique and team play of every participant using a mixture of **FUTSAL** and **COERVER** coaching techniques. The sessions are aligned to Academy practices including ball mastery programs each week, continuous coaching cycle including the main stream topics and small sided games to ensure your child has maximum contact hours to fulfil their potential. All coaches are qualified with full DBS checks to ensure a safe environment for you child.



Date/ Time	Venue: BARROW	Age Group
Monday 5-6pm	BARROW @ St Bernard's Sports Hall	Reception & Year 1
Monday 5-6pm	BARROW @ St Bernard's Sports Hall	Year 1 - 3
Monday 6-7pm	BARROW @ St Bernard' Sports Hall	Years 4,5 & 6

Date / Time	Venue : ULVERSTON	Age Group
Friday 5-6pm	ULVERSTON @ UVHS Sports Hall	Years 1 - 3
Friday 6-7pm	ULVERSTON @ UVHS Sports Hall	Years 4, 5 & 6

Barrow: £36 for 6 weeks of coaching, starting Monday 5th Jan

Ulverston: £36 for 6 weeks of coaching starting Friday 9th Jan

All coaching will be delivered by coaches with enhanced DBS disclosures to work with children enabling us to provide a fun, safe environment for your child to work in.

A proven pathway into our development centre

To book or for info please contact Gavin Butler...

E: gav@onsidesportscoaching.co.uk

M: 07887940150

F: Onside Sports Development

Ulverston Junior Chess Club



**We meet every Tuesday in Ulverston Market Hall
3:15pm - 4:45pm**

**Parents are welcome to stay.
For further information please telephone:
Peter Hanks on 07833934031**

It's free.



Westmorland and Furness
SEND Information, Advice
and Support Service

CONTACT US

[Westmorland and Furness SEND IAS Service | Sendiass](#)

Your local SEND IAS Service Co-ordinator will listen to your concerns and can offer:

- Appropriate support, impartial information, and advice on a range of SEND related queries including - identifying a need, exclusions from school, complaints, and disagreements when something goes wrong.
- Advice regarding SEND related health and social care matters.
- Detailed explanations of how the Special Educational Needs (SEN) process should work, for example the support that should be ordinarily available for all children and young people with SEND in early years, schools, and post sixteen settings.
- Information about local and national voluntary organisations
- Information about young peoples' and parents' support groups in your area
- Support through the Education, Health, and Care Plan (EHCP) Process including annual reviews.
- To help you learn more about the SEND Code of Practice and your legal rights.
- Support at meetings where appropriate.

A child or young person may have learning difficulties caused by:

- A physical disability
- A problem with sight, hearing, or speech
- Difficulties with reading, writing or mathematics
- Emotional or behavioural problems
- Communication and social interaction.

For self-referral, please use our email:

sendiass.waf@westmorlandandfurness.gov.uk

Please give a brief description of the matter you require support with, and your location and a member of our team will be in touch with you to offer advice and guidance.



Westmorland
& Furness
Council

Information,
Advice & Support
Services Network



Offering impartial information, advice and support to children and young people with special educational needs and or disabilities and their parents & carers.